

Please note: Our rice is made with chicken stock; our refried beans have butter in them; our red and green sauces have beef stock in them but the sauces are gluten free; our tomatillo sauce has has chicken stock in it and our bean dip is made with cheese.

## Vegan Frienally Suggestions

BLACK BEAN BURRITO, NO CHEESE
FAJITAS WITH SPINACH
TACO SALAD WITHOUT CHEESE OR MEAT
SIDES: BLACK BEANS, HOUSE SALAD, MEXICAN VEGGIES WITHOUT CHEESE

## Vegatarian Friendly Suggestons

BEAN AND CHEESE BURRO
BEAN AND CHEESE CHIMI
BEAN OR GUACAMOLE TOSTADA
CHILI RELLENO
DINNER SALAD
FAJITAS WITH SPINACH

GRILLED CHEESE
NACHOS
CHEESE QUESADILLA
QUESADILLA WITH VEGGIES
TACO SALAD WITHOUT MEAT

## Glutan Friendlly Suggestions

Please note: Our menu items are prepared without gluten-containing ingredients based on information from our suppliers and prepared in the same kitchen as gluten-containing foods.

RED AND GREEN SAUCES
CHIPS AND SALSA
GUACAMOLE
MINI FLAUTAS
FAJITAS WITH CORN TORTILLAS
PRONTO BOWL WITHOUT CRISP SHELL MEXICAN RICE
PINTO BEANS AND BLACK BEANS
MEXICAN \& FAJITA VEGETABLES

DINNER SALAD
TACO SALAD WITHOUT CRISP SHELL
POLLO SERRANO W/ GRILLED VEGGIE SALAD
POLLO SERRANO NO TORTILLAS
TOSTADAS
CHILI CON CARNE NO FLOUR TORTILLAS

